

## **FRIED CABBAGE WITH SAUSAGE (great for low carbers)**

**This is a quick and easy dish.**

**1 stick butter or margarine**

**1 small head of cabbage, chopped**

**1 small onion, chopped**

**1 pound smoked sausage, sliced into round pieces (I use turkey)**

**1 (15 ounce) can diced tomatoes or rotel tomatoes**

**1/2 teaspoon salt**

**1/2 teaspoon pepper**

**Melt butter in large skillet. Add cabbage, onion, and cook on medium high for about 5 minutes stirring to keep from sticking to pan. Add remaining ingredients, cover and simmer for 20 – 25 minutes.**

**Makes about 8 servings. Only 4 g net carbs per serving.**