

## **Homemade Beef & Noodles**

**Perfect Beef and Noodles every time, and super quick on a busy evening!**

### **Ingredients:**

**1 - 3 pound Chuck Roast**

**salt & pepper to taste**

**garlic powder to taste**

**parsley to taste**

**2 cups beef broth**

**1 large can Cream of Mushroom soup**

**1 large onion, chopped**

**bag egg noodles**

### **Instructions:**

**Generously add salt, pepper, parsley and garlic to the roast and then give it a quick sear in a frying pan, on all 4 sides. Place beef broth, Cream of Mushroom soup and onion in the crock pot and stir. Place roast in the crock pot and cook on high heat for 5 hours or on low heat for 7 hours. Cook one bag of egg noodles to desired doneness. While those are cooking, take the roast out of the crock pot and shred, and then add back to the pot with the gravy that has formed. Place noodles in a bowl, pour beef and gravy over noodles and mix. Enjoy!**